

Root Canal Therapy **Post Operative** **Instructions**

You have been undergoing a root canal therapy on your tooth and we offer this advice for your comfort.

It is quite normal for you to experience some discomfort after a root canal therapy. This is mostly due to the existing infection being “stirred up” or inflammation caused as a result of instrumenting and irrigating the canal(s).

In most cases, this will only last a few days and can be managed by taking some mild analgesics. Occasionally, a tooth might flare up during or after treatment and can cause severe pain or swelling. This may require antibiotics or other suitable treatment.

If the tooth becomes uncomfortable as the local anaesthetic wears off, it is suggested you take 2 Nurofen tablets.

If you still have considerable discomfort, take 600-800mg Nurofen every six to eight hours. It may take at least two days for your tooth to settle down.

If you notice any swelling at all in your face, please contact us here at the surgery so that we can advise you of what action to take.